



## Medication Guidelines Before Allergy Skin Testing

Please review the list of medications below for any you are currently taking. Some medicines are contraindicated in allergy skin testing and you must alert our staff if you are taking one of them. This list is a guide only and not meant to be complete. If you have any questions, please call 210-468-5426 to speak with our staff.

**IMPORTANT:** Never stop any blood pressure /heart (beta-blocker) or antidepressant (tricyclic) medications without first discussing with the prescribing physician. You must provide written permission from that physician stating it is safe to stop.

**\*\*Medications you must AVOID for 1 week prior to skin testing\*\***

### Beta-Blockers - Oral

Acebutolol/Sectral  
Atenolol/Tenormin  
Atenolol-HCTZ/Tenoretic  
Betaxolol/Kerlone  
Bisoprolol/Zebeta  
Bisoprolol-HCTZ/Ziac  
Carteolol/Carrol  
Esmolol/Brevibloc  
Betaxolol/Kerlone  
Labetolol/Trandate/Normodyne  
Metoprolol/Toprol/Lopressor  
Nadol-bendroflunetazide /Corzide  
Nadolol/Corgard  
Pindolol/Visken  
Carvedilol/Coreg  
Propranolol/Inderal/Innopran  
Propranolol-HCTZ/Inderide  
Sotalol/Betapace  
Timolol/Blocadren/Cosopt/Betim  
Timolol-HCTZ/Timolide  
Penbutolol/Levatol

### Beta-Blockers - Eye Drops

Betaxolol/Betopic Carteolol/Ocupress  
Levobunolol/Betagan Levobunolol/AK  
Betametipranolol/Optipranolol  
Timolol/Timoptic

### Antidepressants - Tricyclics

Amitriptyline /Elavil  
Amoxapine/Ascendin  
Clomipramine/Anafranil  
Desipramine/Norpramin  
Doxepin/Sinequan  
Imipramine/Tofranil  
Nortriptyline/Pamelor  
Protriptyline/Vivactil  
Trimipramine/Surmontil

### Antidepressants - Other

Maprotiline/Ludiomil/Deprilept/Psymion  
Mirtazapine/Remeron

### Anti-Histamines

Allegra	Extendryl	Tavist
Atarax	Hycomine	Trinalin
Atrohist	Kronofed	Tussionex
Benadryl	Nolamine	Tylenol allergy
Bromfed	Nolahist	Tylenol cold
Claritin	Periactin	Tylenol flu
Codimal DH	Phenergan	Tylenol PM
Rynatan	Vistaril	Dimetane Cough
Dura-Vent	Rynatuss	Zyrtec
Semprex	Sinulin	Xyzal
Astelin spray	Antivert	Astemizole
Fexofenadine	Azatadine	Diphenhydramine
Hydroxyzine	Azelastine	Cyproheptadine
Loratidine	Meclizine	Chlorpheniramine
Cetirizine	Methscopolamine	Phenidamine
Promethazine	Brompheniramine	

**\*\*Medications ACCEPTABLE for skin testing\*\***

**Leukotriene Inhibitors**

Montelukast/Singulair  
Zafirlukast/Accolate

**Beta-2 agonists - Inhaled**

Albuterol/Proventil/Ventolin  
Metaproterenol/Alupent  
Pirbuterol/Maxair  
Terbutaline/Brethine

**Others**

Cromolyn/Intal IH/Nasalchrom

**Corticosteroids - oral, inhaled, nasal**

Prednisone  
Methylprednisolone/Medrol  
Dexamethasone  
Cortisone  
Hydrocortisone  
Prednisolone

**Steroid nasal sprays**

Beclomethasone /Beconase AQ  
Budesonide/Rhinocort Aqua  
Ciclesonide/Omnaris  
Fluticasone /Flonase/Veramyst  
Mometasone/Nasonex  
Triamcinolone/Nasacort AQ