



POST OP OTOPLASTY

1) Medications should be taken as directed

- i) Do not take aspirin or anti-coagulants for 2 weeks
- ii) Prescription pain medications can cause nausea, vomiting and constipation. Take ½ a pill with food (NEVER on an empty stomach) if needed. You may take another ½ pill in 20 minutes and up to 2 pills every 4 hours as needed for pain

2) Activity

- i) Should be minimal for the next 48 hours
- ii) Do not drive or engage in activities that depend on your condition for 48 hours

3) Wound care

- i) Leave the head dressing on until your first post op visit. If you are wearing the plastic cup dressing, remove it the next day and start wearing the headband
- ii) Dressing will be replaced with headband, which should be worn for 2-3 weeks
- iii) You may wash your hair with gentle shampoo after head dressing is removed

4) Call if you experience

- i) Temperature greater than 101 degrees that cannot be controlled with Tylenol
- ii) Increased pain not relieved by medication, especially if one side is much more painful than the other
- iii) Increased bleeding through the dressing